



## MITZVAH PROJECT Volunteer Opportunities

Your mitzvah project is an incredible way to take the Jewish values you have learned throughout your time at TIOH and put them into action for your community. But figuring out exactly how you want to devote your time and energy can feel daunting. Don't worry—we're here to help!

We don't require a set number of hours for service, but your experience should feel meaningful. And the sooner you settle on a project, the more often you can give of yourself and create a connection to your work.

Below you will find some volunteer ideas from congregants and community members. This is an evolving list and far from expansive. Please help us to grow it by adding your ideas. If you have a place to add, please email [Rabbi Calvin](mailto:rabbi@tioh.org).

### Animals / Therapy Animals

- [Best Friends LA](#)
- [Lucky Puppy](#)
- [Santa D'Or](#)
- [Gentle Carousel West](#)
- [Dogs Without Borders](#)
- [Paws LA](#)
- [Ahead with Horses](#)
- [Pasadena Humane Society](#)
- [The Children's Ranch](#)
- [Saffyre Sanctuary](#)

### Helping the Planet

- [Tree People](#)
- [Heal the Bay](#)
- [Friends of LA River](#)
- [JTREE](#)

### Helping People & Families with Medical Challenges

- [Project Sunshine](#)
- [Chai Lifeline](#)
- TIOH's Lunch Project, email [Alexa Pogue](mailto:alexa@tioh.org)
- [Sharsheret](#)
- [National Down Syndrome Society](#)

### Holocaust Remembrance, Survivor Advocacy & Anti-Genocide Activism

- [Survivor Mitzvah Project](#)
- [Los Angeles Museum of the Holocaust](#)
- [Jewish World Watch](#)

### Helping Alleviate Homelessness, Hunger and Poverty

- [PATH](#)
- [SOVA](#)
- [Alexandria House](#)
- [Food on Foot](#)
- [Greater West Hollywood Food Coalition](#)
- [LA Family Housing](#)
- [Homeless Healthcare \(Needle Exchange Program\)](#)
- [Food Forward](#)
- [Skid Row Coffee](#)
- [School on Wheels](#)
- [Union Rescue Mission](#)
- [Everytable](#)
- [With Love Market](#)
- [Seeds of Hope](#)
- [Los Angeles Community Garden Council](#)
- [Assistance League](#)
- [Downtown Women's Center](#)

### **Honoring Older Adults**

- [Jewish Home for the Aging](#)
- [Wise and Healthy Aging](#)

### **Immigration Justice**

- [Mercado La Paloma](#)
- [Museum of Social Justice](#)
- [Kids In Need of Defense](#)

### **Inclusion & Supporting People with Diverse Abilities**

- [Shane's Inspiration](#)
- [Beit Issie](#) – Israeli innovator in technology for those with disabilities
- [Open Sky for Autism](#)
- [Friendship Circle](#)
- [No Limits for Deaf Children](#)
- [KEEN LA](#)
- [CRE Outreach](#)
- [Rosie's Foundation](#)

### **Supporting Men & Women in the Military & Veterans**

- [Veteran Administration's CalVet](#)
- [Operation Gratitude](#)

### **Sports & Inclusion**

- [Leaps n Boundz](#)
- Challenger League at Beverly Hills Little League, email [Jonathan Goldberg](#) or call 847-208-5709
- [Special Olympics](#)
- [AYSO VIP Program](#)

### **Thrift Shopping with a Purpose**

- [National Council of Jewish Women](#)
- [Out of the Closet](#)
- [Beit T'Shuvah](#)

### **Tutoring, After School Programs & Children's Arts & Music Education**

- [Koreh LA](#)
- [Harmony Project](#)
- [Mar Vista Family Center](#)
- [A Place Called Home](#)
- [LA Public Library](#)